

Adyna K. Pressley

Identity Leadership Architect™
Founder & CEO, AKP Innovations

LEAD. BUILD. BECOME.

Identity Before Strategy



Adyna brings 34 years of financial-services experience, including Vice President leadership, to the stage. An author and host of Pressley on Purpose, she connects the practical work of leading people and building businesses with the personal work of identity, reinvention, and becoming.

MEDIA: FAST COMPANY | THE OPRAH PODCAST | NEXT LEVEL CEO

KEYNOTE TOPICS

Leading While Becoming

Motherhood, Burnout & the Bold Reclamation of Self

A candid look at the pressure to keep performing while navigating change and reconnecting with yourself.

Takeaways: Recognize overextension, set clearer boundaries, and define success around personal values.

Ideal for: Women's leadership events, employee resource groups, and wellness conferences.

Rise Into You

Reclaiming Power, Love, Life, and Legacy

An invitation to move through transition with self-trust and make intentional choices about your next chapter.

Takeaways: Apply R.I.S.E.: reclaim identity, identify your next chapter, strategize your path, and embody your rise.

Ideal for: Women's conferences, career-transition programs, and community events.

Executive Leadership Reset™

Preparing leaders for the weight of success

A practical conversation about the habits, emotional intelligence, and accountability that leadership responsibility requires.

Takeaways: Identify readiness gaps, communicate expectations, and build trust through consistent action.

Ideal for: Corporate teams, new managers, and leadership summits.

Lead, Build & Become

Turning experience into purposeful action

Connect who you are with how you lead, what you build, and the contribution you want to make next.

Takeaways: Name transferable strengths, clarify your value, and choose a practical next step.

Ideal for: Founder communities, professional associations, and entrepreneurship events.